

For over 20 years, Catherine Molloy has served as a leading facilitator to businesses, their teams and educational task forces. She has the ability to break down complex issues and turn them into simple usable strategies that can be applied immediately to produce measurable and lasting results. Catherine is a thought leader and expert in communication and delivers keynotes nationally and internationally as well as workshops in the areas of sales, service and self-leadership. She has won an Australian Institute of Management Award for owner Manager and has been recognised as an international Stevie award winner in 2017 as a leader in the area of Sales and Service training. Catherine works with many different tools to help build confidence, courage and resilience within teams using positive psychology and the conscious communication framework she has developed. Catherine is a philanthropist and has worked alongside many organisations. She is currently working with Watoto in Uganda to help Rescue, Raise and Rebuild. She is also developing a programme for teens world-wide to build resilience and soft skills for survival.

She has the unique ability to transform mindset through understanding behaviour styles and being conscious of each person's communication style.. Catherine flies around the world sharing her expertise, skills and her passion for each person to develop healthy self-leadership skills and to understand their first impression.. Catherine's results with businesses and individual personal growth for team members is a credit and the testimonials confirm the results.

Catherine is married, one husband, three children and two dogs. She travels from Brisbane, Australia and loves working with all the different cultures worldwide.

[www.catherinemolloy.com.au](http://www.catherinemolloy.com.au)

 +614 49 584 240

 [info@catherinemolloy.com.au](mailto:info@catherinemolloy.com.au)

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 2/64 Sugar Road, Maroochydore QLD 4558

